

## Short communication

Involvement of substance P in scratching behaviour  
in an atopic dermatitis modelTsuyoshi Ohmura<sup>a,\*</sup>, Toshihiro Hayashi<sup>a</sup>, Yayoi Satoh<sup>a</sup>, Ayako Konomi<sup>a</sup>,  
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## Abstract

Substance P is speculated to be a key mediator of itching in atopic dermatitis, possibly acting via the tachykinin NK<sub>1</sub> receptor. Thus, we examined the effect of a tachykinin NK<sub>1</sub> antagonist, BIIF 1149 CL, on scratching behaviour in a picrylchloride-induced dermatitis model in NC/Nga mice. BIIF 1149 CL ((S)-N-[2-[3,5-bis(trifluoromethyl) phenyl]ethyl]-4-(cyclopropylmethyl)-N-methyl-α-phenyl-1-piperazineacetamide, monohydrochloride, monohydrate) at a dose of 100 mg/kg, p.o., significantly inhibited scratching behaviour immediately after administration, and the effect continued up to 6 h. The results suggest that clinical trials of tachykinin NK<sub>1</sub> antagonists for the treatment of itching in atopic dermatitis patients would be warranted.

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**Keywords:** Dermatitis; Animal model; Substance P; Scratching behaviour; NC/Nga mouse

## 1. Introduction

Itching is the most common symptom of cutaneous diseases (e.g., urticaria, contact dermatitis and atopic dermatitis) and is induced by several chemical mediators, such as histamine, neuropeptide (substance P, calcitonin gene-related peptide, vasoactive intestinal peptide, enkephalins), chymase, and interleukin 2 in humans (Hägermark, 1992; Staender and Steinhoff, 2002). Scratching behaviour is produced by several endogenous substances such as histamine, substance P, serotonin and leukotrienes in mice (Greaves and Wall, 1996; Yamaguchi et al., 1999; Andoh et al., 2001). There are some differences in the cause of itching between mice and humans, because serotonin or leukotrienes do not cause or induce only very weak itching in humans (Hägermark, 1992). Therefore, the mediators of itching remain to be elucidated (Greaves and Wall, 1996).

It has been shown that non-sedative antihistamines without an antiallergic effect have a little or no value in

atopic dermatitis (Wahlgren et al., 1990; Wahlgren, 1991). The limited effects of antihistamines suggest that histamine is not the only mediator involved in pruritus. Substance P is one of the most potent endogenous pruritogenic peptides, and the itching induced by substance P is thought to be mediated by histamine released from mast cells (Hägermark et al., 1978). Furthermore, substance P elicits scratching behavior in mice through a histamine-independent mechanism (Andoh et al., 1998). These effects may be mediated via the tachykinin NK<sub>1</sub> receptor. However, it has not been determined whether a tachykinin NK<sub>1</sub> antagonist can inhibit scratching behaviour in a disease-related model.

There are species differences in the affinity of several tachykinin NK<sub>1</sub> antagonists between mice and humans (Aramori et al., 1994; Pradier et al., 1995). Therefore, screening using human tachykinin NK<sub>1</sub> receptor was performed, and a novel tachykinin NK<sub>1</sub> antagonist, BIIF 1149 CL ((S)-N-[2-[3,5-bis(trifluoromethyl)phenyl]ethyl]-4-(cyclopropylmethyl)-N-methyl-α-phenyl-1-piperazineacetamide, monohydrochloride, monohydrate), was discovered. However, neither the affinity of the drug for mouse tachykinin NK<sub>1</sub> receptors nor the effect on tachykinin NK<sub>1</sub> receptors in vivo has yet been established. Thus, we first examined the effect of

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BIIF 1149 CL on substance P-induced scratching behaviour to clarify its tachykinin NK<sub>1</sub> antagonistic effect. Then, we examined the effect of BIIF 1149 CL on scratching behaviour in an atopic dermatitis model.

## 2. Materials and methods

### 2.1. Animal care and use

All experimental procedures were approved by the Animal Care Committee of Nippon Boehringer Ingelheim and were based on the “Guide for the Care and Use of Laboratory Animals” of the National Institutes of Health (NIH, Bethesda, MD, USA).

### 2.2. Substance P-induced scratching behaviour in mice

Twenty-four male ddY mice (SPF) aged 8–9 weeks, weighing 34–43 g, were purchased from Japan SLC, and used for the study. Mice were denied food for 4 h prior to the experiment, but had free access to water. One hour after oral administration of vehicle (distilled water) or BIIF 1149 CL 30 mg/kg, p.o., substance P (150 µg/site) was injected intradermally in a volume of 20 µl into the rostral back (around the interscapular level). Immediately after the administration of substance P, the behaviour of the mice was videotaped using a video camera for 60 min; during this period, no one was allowed in the observation room (quiet condition). From the video images, the number of instances of scratching behaviour in the 60-min period was counted by an investigator who was blind to the treatment given. The mice generally started scratching with the hind paws within about 1 s and groups of movements were counted as one instance of scratching.

### 2.3. Scratching behaviour in picrylchloride-induced NC/Nga mice

Twelve male NC/Nga mice (SPF) aged 6 weeks, weighing 18–23 g, were purchased from Charles River Japan, and used for the study. The mice were kept in an air-controlled barrier system environment during the experimental period. The fur of the thoracic and abdominal regions of ether-anaesthetized animals was shaved off with a hair clipper 1 week before sensitization. Picrylchloride solution (150 µl) was applied to the thoracic and abdominal areas (sensitization), as well as to the soles of the hind paws. Three days after sensitization, induction was performed by applying 200 µl of picrylchloride solution to the back and to the left and right ears. The induction period was 1 to 15 weeks after the start of weekly induction. At 5 weeks, magnets were implanted in the left and right hind paws under ether anaesthesia so that instances of scratching behaviour could be measured automatically. Nine weeks or later, after the start of induction treatment, the frequency of scratching behaviour was counted both after vehicle (distilled water)

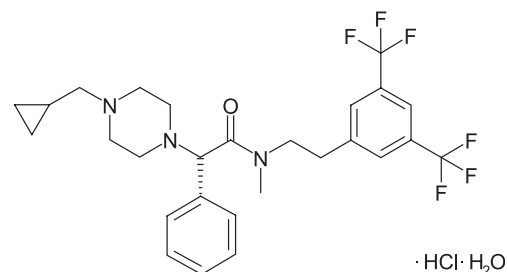


Fig. 1. Chemical structure of BIIF 1149 CL.

treatment and drug treatment every 30 min for 12 h after administration at 20:00. The experiment was performed using a cross-over method. A scratching measurement system (MicroAct (NS-SCT16), Neuroscience, Japan) was used to measure the number of instances of scratching behaviour. Furthermore, the area under the curve (AUC; total number of instances of scratching) was calculated. Mice were denied food for 4 h prior to the experiment, but had free access to water. 2,4,6-Trinitrochlorobenzene (Picrylchloride; lot no. FID01) was provided by Tokyo Kasei Chemical (Tokyo, Japan). BIIF 1149 CL was provided by Boehringer Ingelheim Pharma K.G. (Germany) (Fig. 1). Data are presented as the means  $\pm$  S.E.M. The significance of differences between vehicle and treated groups was tested by means of unpaired *t*-test (Section 2.2) or paired *t*-test (Section 2.3).

## 3. Results

BIIF 1149 CL at a dose of 30 mg/kg, p.o., significantly reduced substance P-induced scratching behaviour by  $50.7 \pm 11.2\%$  (Fig. 2A), suggesting that the ED<sub>50</sub> of BIIF 1149 CL was about 30 mg/kg, p.o. Therefore, we used the doses of 30 and 100 mg/kg, p.o. in this model, in order to clarify the possible role of substance P in scratching behaviour in atopic dermatitis. Scratching behaviour during the night was greater than that during the day (data not shown), presumably because mice are nocturnal, and scratching behaviour may parallel general motility. Thus, we chose to administer the drug or vehicle at 20:00 to examine its anti-scratching action. BIIF 1149 CL (30 and 100 mg/kg, p.o.) significantly inhibited scratching behaviour immediately after treatment, and the effect of 100 mg/kg, p.o., lasted for up to 6 h (Fig. 2B and C).

## 4. Discussion

First-generation (sedative) antihistamines are effective in reducing itching in patients with atopic dermatitis. However, the therapeutic value of these antihistamines may be principally due to their sedative properties (Wahlgren et al., 1990; Wahlgren, 1991), rather than due to their antihistamine effect on the skin. Furthermore, the application of

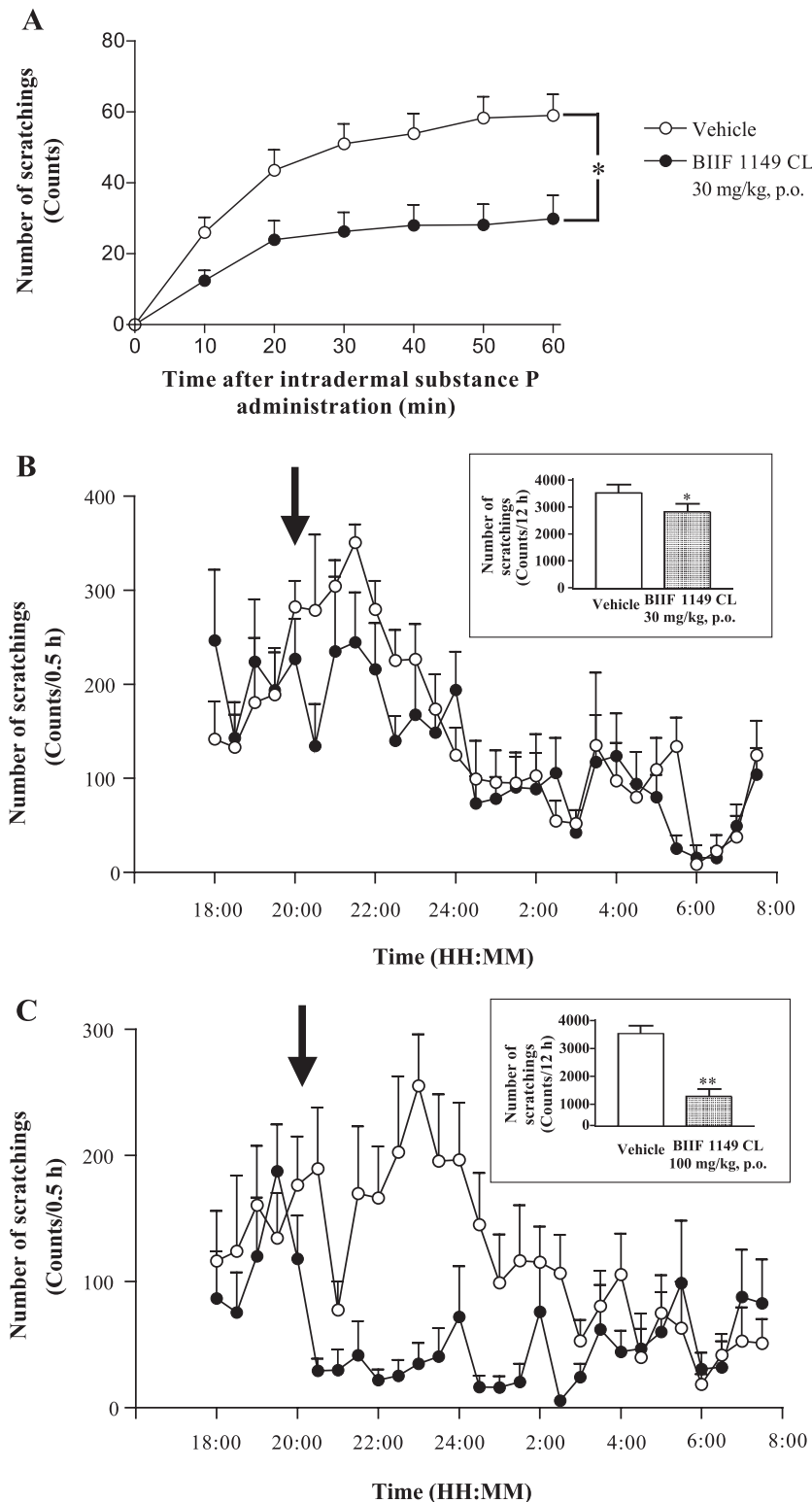


Fig. 2. (A) Effect of BIIF 1149 CL (30 mg/kg, p.o.) on intradermal substance P (150  $\mu$ g/site)-induced scratching behaviour in ddY mice. The mice were orally administered distilled water (open symbol) or BIIF 1149 CL (closed symbol). Scratching behaviour represents the cumulative value at 0, 10, 20, 30, 40, 50 and 60 min after substance P treatment. Values are shown as means  $\pm$  S.E.M. for 20 animals. The significance of differences compared with the vehicle group was determined with the unpaired *t*-test. \**P* < 0.05. (B, C) Effect of oral administration of distilled water (open symbol), BIIF 1149 CL, 30 and 100 mg/kg (closed symbol), on scratching behaviour in picrylchloride-treated NC/Nga mice. The number of instances of scratching behaviour was determined every 30 min after treatment. Each value represents the mean  $\pm$  S.E.M. for 11–12 mice. The insets of the graphs show the total number of scratchings (area under the curve, AUC). The significance of differences compared with the vehicle group in AUC was determined with the paired *t*-test; \**P* < 0.05, \*\**P* < 0.01. The arrow indicates the administration of drug or the vehicle.

histamine results in a lower itching rate (Heyer et al., 1989) and smaller axon reflex flares in atopic dermatitis (Giannetti and Girolomoni, 1989), suggesting that pruritogens other than histamine are also important. Substance P is one of the most potent endogenous pruritogenic peptides (Andoh et al., 2001; Gibbs et al., 2001). It induces the degranulation of mast cells (Hägermark et al., 1978; Farber et al., 1986), and the itching induced by substance P is thought to be mediated by not only histamine (Hägermark et al., 1978) but also by tumor necrosis factor- $\alpha$ , prostaglandin  $E_2$ , etc., released from human mast cells (Gibbs et al., 2001; Okabe et al., 2001). A significant correlation between plasma substance P level and disease activity was found using three different scoring systems for atopic dermatitis (Toyoda et al., 2002). These results and those of our study suggest a role of substance P not only in the skin lesions, but also in the itching of atopic dermatitis. Andoh et al. (1998) reported that substance P caused scratching behaviour in ddY mice, which are insensitive to histamine for causing scratching behaviour, and L-668,169 (cyclo[Gln-D-Trp-(NMe)-Phe(R))-Gly(ANC-2)-2-Leu-Met] $_2$ : a tachykinin NK $_1$  antagonist) inhibited this scratching behaviour. It suggests that substance P might be an important mediator in itching. BIIF 1149 CL is a novel tachykinin NK $_1$  antagonist whose receptor affinity ( $K_i$  values) for human tachykinin NK $_1$  receptors and rat native receptors is 0.12 and 2.1 nM, respectively (personal information). We showed here that BIIF 1149 CL significantly reduced scratching behaviour in mice, presumably by antagonizing the action of substance P (tachykinin NK $_1$  antagonistic effect). However, there is no report showing that tachykinin NK $_1$  antagonists inhibit scratching behaviour in atopic dermatitis disease models. In general, picrylchloride-induced dermatitis is used as a contact dermatitis model. However, repeated picrylchloride treatment induces atopic-like dermatitis in BALB/c mice (Nagai et al., 1999) and NC/Nga mice (Taniguchi et al., 2003). In this study, therefore, we used picrylchloride-induced NC/Nga mice as a model to examine whether substance P might be a crucial mediator in scratching behaviour in atopic dermatitis. BIIF 1149 CL at a dose of 100 mg/kg, p.o., inhibited scratching behaviour completely in picrylchloride-treated mice. This is the first study to show that a tachykinin NK $_1$  antagonist can inhibit scratching behaviour in an atopic dermatitis model, and the results indicate that substance P might be an important pruritogen in atopic dermatitis. Further, tachykinin NK $_1$  antagonists may have potential for controlling the itching of patients with atopic dermatitis.

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